inspiHER
dream. define. do.

Are you ready to inspiHER Gallia?

Become an inspiHER Mentor today!

The inspiHER Girls Leadership Foundation is currently recruiting young females to serve in the role of mentors during the inspiHER Girls Leadership Retreats. Applicants must be a junior or senior girl in high school or a female student enrolled at the University of Rio Grande. Participation in the mentorship program provides many benefits, including:

- Cultivates leadership
- Increases confidence
- Increases self-awareness
- Fosters personal growth
- Strengthens communication skills
- Provides exposure to new and different perspectives
- Improves personal and interpersonal skills
- Great for resumes, college applications, and school accolades
- Plus ~ up to 15 community service hours are available

Roles & Responsibilities

- inspiHER Mentors will facilitate a team of 8-10 girls throughout the interactive workshops and group sessions during retreats.
- Responsibilities during the retreats include leading ice-breaker activities, facilitating group activities, and leading debrief session activities following the interactive workshops.

inspiHER mentors need to commit to the following dates and times:

- **Tuesday, March 7th at 6:30pm at URG**
  - Mentor Training and Orientation - 90 minutes
- **Saturday, March 18 2023 from 7:30am to 4:00pm**
  - Attend and facilitate a group of 8-10 girls during the inspiHER Girls Leadership Retreat.

Website

Application window opens February 1, 2023

Apply online at www.inspiHERfoundation.com

#thisgirlcan