

inspiHER
Gallia

PARENT SESSIONS

Saturday, March 18th ~ University of Rio Grande



"Parenting to Build Resilient Youth"

Robin Harris

EXECUTIVE DIRECTOR, GALLIA-JACKSON-
MEIGS ADAMS BOARD

8:30AM-9:30AM



"How to Give Our Girls Healthy Eating Habits & Keep Them Safe on the Internet"

Dr. Danielle Cappelletti

PEDIATRICIAN, HOLZER HEALTH SYSTEM

2:30PM-3:30PM



218 N. College Avenue
Rio Grande, OH 45674

Presented by the inspiHER Girls
Leadership Foundation

www.inspiHERfoundation.com

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*****Available only to
parents/guardians of girls
registered for the inspiHER
Gallia Retreat 3/18/23**